

Greater Christchurch Psychosocial Committee



Kia ora koutou,

As some of you may be aware, it has been agreed that the [Greater Christchurch Psychosocial Committee, Governance Group, and Shared Programme of Action](#) will conclude at the end of this year. Thank you for your dedication over the years, updating activities of interest and shaping the programme with new activities that have helped assist recovery and promote wellbeing.

Since the Canterbury Earthquake Recovery Authority was disestablished in 2016, the Psychosocial Committee, Shared Programme of Action, and Canterbury Wellbeing Index/Survey have continued to evolve, with an increasing focus on population wellbeing and equity. The Canterbury Wellbeing Survey emphasises that the groups who continue to experience the most compromised wellbeing are those with chronic illness or disabilities, those living in the most financially disadvantaged households, and those who have not yet resolved their EQC/insurance claims or repair processes. The Canterbury Wellbeing Survey continues to record a significant trend of improvement in population wellbeing measures and although there is no equivalent data for greater Christchurch's population pre-earthquakes, it is likely that the worst of the earthquakes' damage to population wellbeing has now receded.

Since 2018, the Psychosocial Committee has worked closely with the Greater Christchurch Claims Resolution Service and the Public Inquiry into the Earthquake Commission and has seen how much is now being done to address the needs of people affected by the insurance claims process. Insurance and repairs have proved to be a significant secondary stressor and social determinant of wellbeing for many in greater Christchurch but at this stage, the numbers of directly affected households is decreasing and specialist support services like GCCRS and the Tribunal are making every effort to process remaining claims appropriately. The GCCRS are developing a smaller Wellbeing Advisory Group to support their needs over the next year.

Regarding other groups who continue to experience the most compromised wellbeing, we recognise everyone's commitment to continuing to work across sectors to address social inequity and its causes.

Although the [Psychosocial Committee, Governance Group, and Shared Programme](#) are winding up, the longstanding partnerships nurtured through this work will undoubtedly continue. We know many of you are signatories to [Waka Toa Ora, the Healthy Christchurch network](#), which may be of assistance in future collaborative activities. Please get in touch if you are interested in shifting any of your collaborative work that has appeared in the Shared Programme into the Waka Toa Ora work plan. The ongoing intersectoral work of the Governance Group will be refocused into the Greater Christchurch Partnership. The [Canterbury Wellbeing Index](#) will continue to develop as a useful wellbeing monitoring tool.

Thank you again for your commitment and support over the years.

Kia pai tō rā
Aku mihi nui ki a koe

Canterbury
District Health Board
Te Poari Hauora Ō Waitaha